

- 1. For this series, your people will need to bring the goals sheet that Pastor Rick had them fill out in the service to your small group this week. If they did not fill it out, begin your group by having them fill it out.
- 2. Have the members of your group share which goals they set in the areas of the goals sheet. Ask them what steps they will need to take to accomplish these goals. Every week during this series you will begin by discussing how they are doing with their goals, what successes/ struggles they have been having in meeting them.
- 3. Read 1 Corinthians 6:12-20. What does Paul say in regard to doing things in our body that might be moral, but are not good? In this passage, Paul makes an argument that it matters what we do in this body, what are his reasons that what we do with our body is important? What does he say we should not do as an example?
- 4. When did God create marriage? Read Genesis 2:23,24. Who was involved? What constituted a marriage in the Garden of Eden? Are there any examples of anyone in scripture being married other than a man and a woman? Do you think marriage Biblically should only be between a man and a woman? Why? What do you think constitutes a marriage that God recognizes? What three recommendations did Pastor Rick give for establishing a marriage today?
- 5. What three mistakes do we make when we make goals and try to accomplish them? Which one(s) do you have the most difficulty with? Why?

Answers

- 1. Have everyone complete their goals sheet, you may need to make copies of the page after this one to give those who do not have a sheet.
- 2. Talk about what they will need to do in order to accomplish their goals. Brainstorm ways that you can help each other to accomplish your goals.
- 3. The first thing he brings out is that just because something we can do is not sinful, it does not mean that it is not harmful. An example is what we eat, we can eat anything we want but we should not if it is harmful, such as overeating (gluttony). He then makes the argument that our bodies do not belong to us they are God's temple, it is where God lives in this world and what we use our bodies for has spiritual impact on us.
- 4. God created marriage in the garden of Eden, Adam and Eve were the first husband and wife, one man and one woman made a marriage. There are no examples of marriage in the Bible other than between one man and one woman, that is the Biblical model and what God has ordained from the beginning. What establishes a marriage in God's sight is when two people make a life-long commitment to each other "before God and these witnesses" as we say in ceremonies today. They then leave their parents and "cleave" to each other. Some would add that the relationship is then consummated by having sex. Pastor Rick's suggestions were: A. Seek whatever formal government recognition is available as long as the requirements do not violate Biblical principles; B. Follow whatever familial and cultural practices in the culture you are in; and C. Consummate your relationship physically through sex.
- 5. The three mistakes are: A. I use willpower instead of God's power; B. I have the wrong motivation; and C. I work harder instead of smarter.